

Yoga Kids Camp Registration Form

Name: _____

Age: _____

Address: _____

Email Address: _____@_____

Phone Number: _____

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

I, _____, understand that yoga includes physical movements as well as an opportunity for relaxation, stress reduction and relief of muscular tension. As is the case with any physical activity, the risk of injury, even serious or disabling, is always present and cannot be entirely eliminated.

Yoga is not a substitute for medical attention, examination, diagnosis or treatment. Yoga is not recommended and safe under certain medical conditions. I affirm that I alone am responsible to decide whether to practice yoga. I hereby agree to irrevocably release and waive any claims that I have now or hereafter may have against the instructor or Acara Yoga.

Signature of parent or guardian

Date

Overview:

Yoga Kids Camp will consist of an 8-day summer session (Monday - Thursday for 2 weeks) for children ages 6-12. Children will be taught the basics of yoga in a fun, imaginative manner, and will benefit by increasing strength, flexibility, balance, coordination and concentration, while also learning techniques to help them focus and relax. A variety of teaching methods will be used, including games, music, stories and activities.

Please bring a bottle of water to each class to ensure children stay hydrated. Mats are available at the studio, but children are also welcome to bring their own.

Fees:

Pre-registration will be required for the session, with a minimum of 5 children. Pricing will be \$189 per session, with a 5% discount for families with more than one child attending or who refer a friend who attends the session.

The cost for yoga classes for children in similar surrounding communities averages \$15 per hour; however, the classes are typically run for a 6-10 week period as one hour classes. The cost per hour for Kids Yoga Camp will be \$11.80, which is also approximately the current student class card rate.

Class fees will be refunded for children who cancel the session seven days or more prior to the start day. There will be no refunds after that. There are no refunds for missed classes.