

Yoga Kids Camp

at Acara Yoga Studio
August 11-14th & August 18-21
With Jennifer Driscoll

Yoga Kids Camp will consist of an 8-day summer session (Monday – Thursday for 2 weeks) for children ages 6-12. Children will be taught the basics of yoga in a fun, imaginative manner, and will benefit by increasing strength, flexibility, balance, coordination and concentration, while also learning techniques to help them focus and relax. A variety of teaching methods will be used, including games, music, stories and activities.

Scheduling:

Yoga Kids Camp will run Monday through Thursday August 11-14th and 18-21st from 10-12 noon.

Fees:

Pre-registration will be required for the session, with a minimum of 5 children. Pricing will be \$189 per session, with a 5% discount for families with more than one child attending or who refer a friend who attends the session. Class fees will be refunded for children who cancel the session seven days or more prior to the start day. There will be no refunds after that. There are no refunds for missed classes. Register online at www.acarayoga.com or mail your check to:

Acara Yoga Studio
11 Main Street
Southborough, MA 01772

